

# MELTON OLYMPIC CYCLING CLUB

## OPEN 25 MILE TIME TRIAL

Incorporating the East Mids VTTA Jack Watts Memorial Trophy  
(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

Saturday 13<sup>th</sup> May 2023 at 2.00pm

**Event Secretary:** Russell Gent, 14 Westfield Road, Leicester, LE3 6HR  
Mobile 07802541082 Email [rwgent@bbtinternet.com](mailto:rwgent@bbtinternet.com)

**Timekeepers:** Bill Stanley Melton Olympic CC  
Tom Bailey Coalville Wheelers

**Recorder:** Norman Portess Melton Olympic CC

**Headquarters:** Farndon Memorial Hall, 117 Marsh Lane, Farndon,  
Notts, NG24 4TA  
**(Open from 12 noon)**

### Parking and Use of the HQ

Some parking is available at the HQ and to maximise use of this please park reasonably closely together and do not take up parking space for static warm-ups. For those unable to park at the HQ please take note of the following:

- If parking on Marsh Lane or adjacent roads please do so with consideration for local residents and avoid blocking drives etc.
- In particular do not park on both sides of the road near the HQ. **At a past event the parked vehicles of some riders prevented a regular service bus getting through and the implications for emergency vehicles are extremely serious.**
- There are laybys on the old A46 before and after the start but do not park at the start.
- There is a very wide verge suitable for parking on the old A46 south of Eden Hall roundabout and only about half a mile from the start.

**Please give consideration to local residents and all other road users in the area so that we can continue to use this venue as a Headquarters**

### PRIZE LIST

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>
<b>Fastest</b>	<b>£40</b>	<b>£30</b>	<b>£25</b>	<b>£20</b>
<b>Vets on Age Adjusted</b>	<b>£40</b>	<b>£30</b>	<b>£25</b>	<b>£20</b>
<b>Fastest Female</b>	<b>£40</b>	<b>£30</b>	<b>£20</b>	
<b>Fastest Team of 3 on aggregate time £20 each rider</b>				

All riders aged 40+ are eligible for the Vets on Age Adjusted Times

**The Jack Watts Memorial Trophy** is awarded to the fastest East Midlands VTTA Group member

## **Numbers and Signing-on/off:**

Numbers will be at the HQ and can be collected when you sign-on. Please remember that you must sign-out after the event. This is to ensure that you are available for the Drug Test team if they attend the event. **Failure to sign out will result in a DNF classification.** You should sign-out when you return your number in exchange for a drink after your ride.

## **PLEASE REMEMBER:**

The use of working **front and rear lights**, whether flashing or constant, fitted to the machine in a position clearly visible to other road users and active whilst the machine is in use **is mandatory**. **A hard shell helmet is also mandatory.**

**Compliance will be checked at the start line.**

**No lights and helmet – no ride.**

## **Safety:**

Do not stop at the finish timekeeper but proceed for a short distance, make a U turn when safe to do so and return to the HQ to return your number and sign out.

The A46 is a major trunk road so please take no chances and ride safely. Your welfare is worth more than your PB.

## **Start and warm up:**

To get to the start proceed south along Marsh road then left onto Main Street then right onto Fosse Rd. You are now on the last mile of the course so be aware of riders finishing. Proceed quickly and in single file past the finish making it obvious that you are not racing. The start is just after East Stoke. Please do not arrive at the start more than 5 minutes before your start time and warm up south of Eden Hall traffic island.

Between Farndon and Eden Hall please be aware of riders starting and finishing on this road.

No competitors' cars at the start and riders

## **A25/34 - 25 mile Course**

**Start:** at the speed derestriction sign on southbound exit from East Stoke on old A46. Proceed south to **Turn Left** at traffic island (near Eden Hall) to pass over A46 to **Turn Left** onto A46 southbound slip road. On A46, proceed south to take slip road from A46 to traffic roundabout at junction to Cropwell Bishop & Cotgrave (**Stragglethorpe Junction**). Take 4<sup>th</sup> exit to pass under the A46 to second roundabout. (Approx 10.4mils.) Take 3<sup>rd</sup> exit to slip road onto A46 northbound and proceed towards Newark. At **Farndon roundabout** take first exit onto old A46 (Fosse Way).

(Approx 23.15mils.) Proceed south on old Fosse Way to finish 36 yards before the start of fence on RHS at gateway to River Trent and just before Stoke Warren Farm on approach to East Stoke. (25.00mils.).

## **Age Adjusted Times/Standard times**

This year the VTTA is introducing Age Adjusted times to replace Standard times as a clearer way of representing the performance of riders over 40. Melton Olympic CC is trying out this new approach in this event.

The traditional standards system reports results as a vet's 'plus', or the improvement in minutes and seconds over the 'base' time that the standards system gives for their age and gender. **Age Adjustments in contrast reports a handicap, or adjusted, actual time. This gives an easily understood result which can also be readily compared to other riders.**

Age Adjustments uses the same statistical formula as the standards tables and will therefore **produce results in the same finishing order and with the same gaps between riders in terms of minutes and seconds.** What changes is the presentation. We hope you will find it easier to understand and enable direct comparison with other over 40 riders.

**Thank you for your co-operation. Have a safe ride.**

## Melton Olympic CC Open 25 13th May 2023

No.	START	NAME		CAT	CLUB
1	14:01:00	Will	Blythe	V	Melton Olympic CC
2	14:02:00	Martin	Lister	V	Witham Wheelers / Grantham
3	14:03:00	Gretchen	Zoeller	FV	VTTA (Yorkshire)
4	14:04:00	Brad	Armstrong	V	Velo Club Rutland
5	14:05:00	Simon	Geraci	V	Swift Racing
6	14:06:00	Mike	Cole	V	Huddersfield RC
7	14:07:00	Sarah	Soden	FV	Leicester Forest CC
8	14:08:00	John J	Murphy	V	Gloucester City Cycling Club
9	14:09:00	Michelle	Hawley	FV	Melton Olympic CC
10	14:10:00	Simon	Warren	V	Norwood Paragon CC
11	14:11:00	Reed	Partridge	V	Ambion Racing Team
12	14:12:00	Paul	Brierley	V	Huddersfield RC
13	14:13:00	Theresa	Taylor	FV	Springfield Financial Racing Team
14	14:14:00	Gabriela	MacKinnon	FV	Coventry Triathletes
15	14:15:00	Denise	Burrows	FV	AeroCoach
16	14:16:00	Sandra	Burrows	FV	Vive Le Velo
17	14:17:00	Phil	Wright	V	Hartlepool CC
18	14:18:00	Paul	Ward	V	Sherwood CC
19	14:19:00	Pamela	Moore	FV	Coalville Whs
20	14:20:00	Mark	Burtonshaw	V	Harrogate Nova CC
21	14:21:00	Sarah	Harrison	FV	Trek Sheffield
22	14:22:00	Stephen	Clark	V	Sherwood CC
23	14:23:00	Mark	Shore	V	Walsall Roads Cycling Club
24	14:24:00	Kathryn	Smith	FV	Sleaford Wheelers Cycling Club
25	14:25:00	Keith	Palmer	V	Ilkeston Cycle Club
26	14:26:00	Jonathan	Durnin	V	Welland Valley CC
27	14:27:00	Steve	Cornish	V	St Ives CC
28	14:28:00	Ivan	Lucas	V	Melton Olympic CC
29	14:29:00	Craig	Wilson	V	Pendle Forest CC
30	14:30:00	Ian	Wroblewski	V	Team Lutterworth Cycle Centre
31	14:31:00	David	Leckenby	V	ADDFORM Vive Le Velo
32	14:32:00	Robert	Barnard	V	Team Cystic Fibrosis
33	14:33:00	Steve	Chipping	V	Velo Club Lincoln
34	14:34:00	Rob	Wild	V	Velo Club Long Eaton
35	14:35:00	Ed	Watson	V	Ratae RC
36	14:36:00	Javier	Cabrero Blanco	M	Velo Club Long Eaton
37	14:37:00	Chris	Lea	V	Buxton CC/Sett Valley Cycles
38	14:38:00	David	Smith	V	Sleaford Wheelers Cycling Club
39	14:39:00	Stephen	Wilkinson	V	VTTA North Lancs and Lakes Group
40	14:40:00	Kevin	Wood	V	Sherwood CC
41	14:41:00	Ed	Tarelli	V	Race Hub
42	14:42:00	John	Martin	V	Elmsall Road Club
43	14:43:00	Will	Trevor	M	City RC (Hull)
44	14:44:00	Austin	Smith	V	Welland Valley CC
45	14:45:00	Chris	Ward	V	Spalding CC
46	14:46:00	Michael	Wills	V	Team Lutterworth Cycle Centre

47	14:47:00	Craig	Lamb	V	Alford Whs
48	14:48:00	Michael	Wilkinson	V	South Normanton C C
49	14:49:00	Simon	Ward	V	Welland Valley CC
50	14:50:00	Julian	Ramsbottom	V	Team Bottrill
51	14:51:00	Phillip	Tyas	V	Barnsley Road Club
52	14:52:00	Matt	Plews	V	Welland Valley CC
53	14:53:00	John	Lowe	V	Withington Wheelers
54	14:54:00	David	Yarham	V	Peterborough CC
55	14:55:00	Mark	Hamer	V	Legato Racing Team (LRT)
56	14:56:00	Jymmy	Trevor	V	City RC (Hull)
57	14:57:00	Steven	Loraine	V	Legato Racing Team (LRT)
58	14:58:00	Ian	Peacock	V	Leek CC - Den Engel Belgian Bar
59	14:59:00	Patrick	Healy	V	Buxton CC/Sett Valley Cycles
60	15:00:00	Andy	Thomas	V	Lindsey Roads Cycling Club
61	15:01:00	Simon	Law	V	Team Enable - M.I. Racing - McCann
62	15:02:00	James	Byatt	V	Sherwood CC
63	15:03:00	Adrian	Killworth	V	Welland Valley CC
64	15:04:00	Andy	Smith	V	Mansfield Road Club
65	15:05:00	Stuart	Wells	V	Lindsey Roads Cycling Club
66	15:06:00	Steve	Burrows	V	Vive Le Velo
67	15:07:00	Mark	White	V	Mark White Coaching RT
68	15:08:00	Marc	Daigneault	V	Sheffield Triathlon Club
69	15:09:00	Andrew	Vaughan	V	City RC (Hull)
70	15:10:00	Malcolm	Smith	V	Peterborough CC
71	15:11:00	Martin	Perrett	V	Team Ohten Aveas
72	15:12:00	Martin	Fisher	V	Melton Olympic CC
73	15:13:00	Tim	Baggs	V	Sherwood CC
74	15:14:00	Chris	Schofield	V	Melton Olympic CC
75	15:15:00	Sean	Hunt	V	Lincoln Wheelers CC
76	15:16:00	Neil	Cleminshaw	V	ADDFORM Vive Le Velo
77	15:17:00	Sheehan	Quirke	V	VC Veldrijden
78	15:18:00	Isaac	Russell	M	Team PB Performance
79	15:19:00	Paul	Russell	V	Springfield Financial Racing Team
80	15:20:00	David	Mead	V	Team Lutterworth Cycle Centre
81	15:21:00	Mark	Bottrill	M	Team Bottrill
82	15:22:00	Colin	Parkinson	V	South Western Road Club
83	15:23:00	Nick	Burton	V	Newark Castle C C
84	15:24:00	Mick	Stevens	V	Melton Olympic CC
85	15:25:00	Mathew	Stonley	V	Team Bottrill
86	15:26:00	Joseph	Costello	V	Legato Racing Team (LRT)
87	15:27:00	Neil	White	V	Ambion Racing Team
88	15:28:00	Chris	Spray	V	Ratae RC
89	15:29:00	David	Fox	V	Warrington RC/Horton Light Eng.
90	15:30:00	Finlay	Tarling	M	Willebrord Wil Vooruit

#### Categories

- M Male under 40
- MV Male over 40
- F Female under 40
- FV Female over 40